



Dellenbygden in Hälsingland, Sweden

Delsbo, Bjuråker and **Norrbo**, the communities around the two Dellen Lakes, are together called **Dellenbygden**. Dellenbygden is located in the middle of Hälsingland, Sweden, only 3 hours from Stockholm - the capital of Sweden. The beautiful Dellen Lakes are subject of many myth's and legends. Many artists, musicians and craftsmen live in the district, which is also famous for its rich and varied folklore.



Delsbo is one of best-known villages in Hälsingland - it is famous for its colourful folklore traditions. In central Delsbo there are many interesting buildings from the turn of the century, including Tingshuset (the court-house). Delsbo's heritage museum consists of 15 buildings of different styles and eras. There is also a school museum. <http://www.forngrunden.se/>



The communities around North Dellen lake traditionally earned their living through the production of iron. Iron ore was collected by boat from Central Sweden, then brought by horse-drawn transport from Hudiksvall to Hallbo, and from there by barge to the ironworks north of the lake.



Moviken is a typical ironworks community of the late 18th century. When the ore was brought here, it was transformed into pig-iron before being taken to forges in Strömbacka to be worked into rod-iron. At the end of the 19th century, there was a blast-furnace here as well as seven charcoal-furnaces and a local school. The blast-furnace has been restored and turned into a museum-piece. The remains of a charcoal store and a charcoal-furnace are other reminders of the community's industrial heritage.

The iron was forged in **Strömbacka**, where there was the water-power necessary for driving the forge's hammers. Production here halted as late as 1947 - one of the last places in the world to do so.

The open countryside of **Svågadalen** is home to great historical and cultural diversity, with much of architectural interest on offer. Hunting and fishing have long been occupations here. Today's visitors can try their luck in the excellent fishing waters or enjoy paddling along canoe trails on the look-out for beaver. You could well be lucky enough to spot one!

In **Norrbo** village, is an old defensive keep - Norrbo Skans. It is said to have been built in the Middle Ages, though it was not completed until the 17th century.

Activities in Dellenbygden

Walking

The area offers excellent footpaths for walkers. A network of forest roads gives access to the paths at several points. You can choose any length of walk you wish. At the tourist information in Delsbo and Hudiksvall you can buy a simple map.

Rowing

On the big and beautiful Dellen Lakes you can row church boats.

For information call 070-563 38 09.

<http://hem.bredband.net/norbha/>

Fishing

There are many fine fishing waters in Hälsingland, with many different species, in both the lakes and the rivers. The coast of the Baltic Sea, allows free sport fishing, in lakes and rivers you need to buy a fishing-licence.

You can buy your permission at Delsbo Vapen, Köpmangatan, Delsbo.



Från Norsbron kyrkbåten lägger till.

Swimming

Except for nice swimming in the Dellen Lakes, you can find many other small lakes in Dellenbygden. You can also visit our two out of door- pools, one in Delsbo and one in Brännås, Bjuråker. Indoor swimming in winter: *Delsbo Simhall*, +46 (0)650 19997.

Riding

You can ride Icelandic Horses in the beautiful nature around the river of Svågan; *Tallbackens Islandshästar & Midgård*, *Tallbacken*, Bjuråker +46 (0)653 30280.

If you are interested in western riding, contact Skumpa Hästranch, also in Svågadalen-the part of Bjuråker situated around the river- +46 (0)653 31018.

Riders with experience, could contact Hälsingehästen i Delsbo, +46 (0)653 10118.

Canoeing

You can rent canoes at Sommarhemmet *Dellenbaden*, +46 (0)653 26036, or *Ylvagården*, +46 (0)653 20191, for canoeing at the Dellen Lakes. If you are interested in canoeing in the river of Svågan, please contact *Svågadalens Vildmarkscenter*, +46 (0)653 310 22, or *Tallbackens Islandshästar & Midgård*, +46 (0)653 30280.

Skiing

At Järvsöbacken, 30 minutes from Delsbo, everything is close to hand and we have ample skiing for all. Younger children have their own ski area with a toboggan slope, places for grilling sausages, wooden windshields for when the going gets tough and our friendly staff are always nearby. For the more adventures young skiers there is a freeridepark complete with rails and jumps.

Hassela is a well-known Swedish ski resort, open from December to April. About 40 minutes from Delsbo. The ski resort has 12 ski slopes, 7 skilifts, with a vertical drop of 310 meters, and the longest run of 2500 meters. There are 14,5 kilometres of cross-country skiing tracks in the area. A snowboard park and a children's area further add to the attractions.. In addition we can organise scooter-safaris, horseback riding, ski school, activities and meals in the wilderness camp, team building activities etc. Special family programmes for Christmas, winter-holiday and Easter.

Other activities

Railbike Tours on the Dellen Line. Booking +46 (0)653 16460.

Visit a private Farmhouse of Hälsingland. Get more information on the website www.halsingegardar.se, witch farms you can visit after contact with the owners.

Beautiful views

You can visit many places in and around Dellenbygden, with beautiful views. Avholmsberget (see photo to the right), situated on the north side of the North Dellen Lake, is easy to reach by car. The restaurant is open summertime. Other places with nice views are "Gulåsen", "Blacksåsberget", "Josefsberget" and "Öråstornet". The Tourist-Office can show you how to get there.



Restaurants and cafés in Dellenbygden

*=Open summer only

Delsbo Gästgiveri & Vandrarhem, Hällnäs. Rest.	+46 (0)653 10600
Café 11:an, Delsbo. Rest. and Café	+46 (0)653 77316
Delsbo Grill & Pizzeria, Delsbo. Rest.	+46 (0)653 10555
Delsbo Pizzeria & Restaurang. Rest.	+46 (0)653 10930
* Avholmsberget, Bjuråker. Rest. and Café	+46 (0)653 20242
* Café Norrbo, Hålsjö, Norrbo. Rest. and Café	+46 (0)650 33446
* Bjuråkers Forngård, Bjuråke. Café	+46 (0)653 15070
* Emmas Kafé & Butik, Bjuråker. Café	+46 (0)653 15037
* Ingalunda Gård, Bjuråker. Café	+46 (0)653 24020
* Blodmyraa camp, Bjuråker. Café	+46 (0)653 26075

Hudiksvalls Turistbyrå, Storgatan 33,
S-824 80 Hudiksvall
Tel + 46 650-191 00, Fax + 46 650-381 75
www.hudiksvall.se/turism

